

DECOLONISING YOGA

FOR YOGIC WARRIORS & CHANGE MAKERS

SAT 8 MAY - 27 MAY 14:00-16:30 BST
MON 10 MAY - 31 MAY 10:00-12:30 BST



PART 1 :
Reflect on impact of
systemic racism
history and legacy of
colonialism
critical race theory
cultural appropriation &
reparations
through the lens of yoga

10 hr online course
(2.5 hrs x 4 weeks)
BIPOC accessible, sustainer or
benefactor rates

Apply via my website or bio link
www.rebelyogatribe.co.uk

WWW.REBELYOGATRIBE.CO.UK

DECOLONISING YOGIC & AYURVEDIC PHILOSOPHY

FOR YOGIC WARRIORS & CHANGE MAKERS

MON 10 MAY - 31 MAY 18:00 -20:30 BST



PART 2:

Deep dive into
philosophy as tool
for building
sustainable change
by becoming
compassionate
yoga activists
moving from self
to collective care

10 hr online course

(2.5 hrs x 4 weeks)

BIPOC accessible, sustainer or
benefactor rates

Apply via my website or bio link
www.rebelyogatribe.co.uk