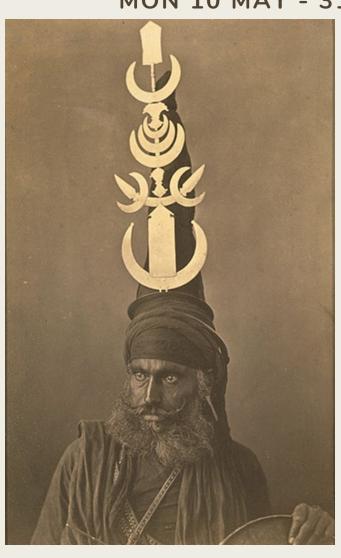
DECOLONISING YOGA

FOR YOGIC WARRIORS & CHANGE MAKERS

SAT 8 MAY - 27 MAY 14:00-16:30 BST MON 10 MAY - 31 MAY 10:00-12:30 BST



PART 1:

Reflect on impact of systemic racism history and legacy of colonialism critical race theory cultural appropriation & reparations through the lens of yoga

10 hr online course
(2.5 hrs x 4 weeks)
BIPOC accessible, sustainer or
benefactor rates

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DECOLONISING YOGIC & AYURVEDIC PHILOSOPHY

FOR YOGIC WARRIORS & CHANGE MAKERS

MON 10 MAY - 31 MAY 18:00 -20:30 BST



PART 2:

Deep dive into philosophy as tool for building sustainable change by becoming compassionate yoga activists moving from self to collective care

10 hr online course
(2.5 hrs x 4 weeks)
BIPOC accessible, sustainer or
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Apply via my website or bio link www.rebelyogatribe.co.uk