

WWW.REBELYOGATRIBE.CO.UK

DECOLONISING YOGA

ONLINE COURSE PART 1
FOR YOGIC WARRIORS & CHANGE MAKERS



10 HRS/ 4 WKS - SMALL GROUPS - LIVE ZOOM
CHOOSE YOUR START DATE & TIME BELOW

SAT 6 FEB - 27 FEB 14:00-16:30

MON 1 MAR - 22 MAR 10:00-12:30 OR 18:00 -20:30

Reflect on impact of systemic racism, history and legacy of colonialism, critical race theory, cultural appropriation & reparations through lens of yoga

Apply via my website or bio link
www.rebelyogatribe.co.uk or email rebelyogatribe@gmail.com

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DECOLONISING YOGIC & AYURVEDIC PHILOSOPHY

PART 2 ONLINE COURSE
FOR YOGIC WARRIORS & CHANGE MAKERS



Deep dive into
philosophy as tool
for building
sustainable
change by
becoming
compassionate
yoga activists
moving from self
to collective care

SAT 6 MAR
14:00-16:30 GMT

10 hrs online
(2.5 hrs x 4 weeks)

Open to Part 1 students only
BIPOC accessible, sustainer or
benefactor rates

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